

## *Renaissance I Association Fitness Committee Meeting Minutes*

The meeting was held Wednesday, January 27, 2021, at 3:00 p.m. via Zoom conference. Committee members present were: Allen Kraft, Marc Citrin, Mike Metz, Sheryl Parnes, Gerry Male, and Steve Mitchell.

Allen Kraft called the meeting to order at 3:03 p.m.

1. Allen informed all in attendance that the main reason for the meeting was a request from a resident, to implement an exclusive scheduling system for the usage of the gym.
2. The 3 main meeting objectives were: Do not discuss BOD "Use the amenities at your own risk" Policy, evaluate a resident request for scheduling of exclusive use time slots for the gym, and to make a recommendation to the BOD regarding the subject matter.
3. Background: The BOD has established a "Use the amenities at your own risk" Policy, which is posted at each area. This allows each of us to use the common areas as we feel comfortable with.
4. The request is centered around concerns regarding Covid.
5. The request is for establishing a sign-up system for 1/2-hour slots for EXCLUSIVE use of the gym.
6. Certain low demand, low usage amenities have a sign-up system (i.e., conference room, aerobics room, massage room, club room, and grill). These are practical and working well because they are low demand unlike the gym.
7. Previously we tried a sign-up system for the aerobics room and it was very problematic because people showed up late, did not leave on time, and did not want to share the room with others during sign-up times. We tried a sign-up sheet which people would not use or they would block out multiple slots many days ahead not allowing others to use the room. We finally moved the sign-up to the front desk, and was still problematic because people did not want to use a sign-up system. The sign-up system was very problematic because a lack of workability, lack of cooperation/acceptance from residents, frustration with the inability to use the room when their schedule permitted, and the lack/practicality of enforcement.
8. Gym use over the past year has decreased dramatically, many residents are walking outside or finding other ways to exercise.
9. There are many periods throughout the day when there is no one in the gym. Also, there are times when more than one resident is using the gym.
10. At the start of Covid, we removed fans to minimize potential aerosolization of airborne particles, increased cleaning and sanitizing, stressed social distancing, and face coverings. There are signs posted regarding sanitizing machines after use. Residents can also wipe-down/sanitize equipment BEFORE they use it as an added precaution.
11. Air filters for the gym are changed quarterly. Per guidance from our service vendor for the AC handlers, HEPA filtration is NOT recommended due increased strain and burn out of the motors, and poor capture rates of airborne particles due to the location of the inlets for the AC.
12. The gym is cleaned/sanitized daily. It is incumbent upon users to sanitize/wipe down each machine after each use and users can also wipe down/sanitize machines before use as well.
13. I have spoken to Irene and Jennifer to see if there were any other requests/concerns regarding usage of the gym, and there were/are none. The only comment is that some people do not wear face coverings.
14. The gym has 3 zones which people can socially distance (weight area, westside cardio, and eastside cardio).

15. I have spoken to a few people who use the gym and they are opposed to a sign-up system, due to a lack of working out when they want to, the hassle of signing up, and being forced to time slots.
16. Committee members were asked to informally ask people they know who ACTUALLY USE THE GYM to get their thoughts on a potential sign-up system. 2 residents were for a sign-up system and over 10 were against.
17. A sign-up web-based system is not workable due to the fact that some gym users do not use the internet, others would not use it, and enforcement of this type of system is problematic.
18. We all have different concerns/views and different levels of comfort regarding Covid.
19. Some people in the building have begun their vaccinations, and will adjust their use of the gym accordingly.
20. People who want to use the gym and are not comfortable with others in the gym, can come back at another time when no one is in the gym (Which is quite often). If someone enters the gym when others are using it, people who feel uncomfortable can politely ask the person to mask up or they can leave. Also, people who want to use the gym by themselves can call the front desk to see if anyone is in the gym (Front desk can simply look at the camera in the gym and see if anyone is there).
21. Any alternative to the current system, must be workable, practical, enforceable, easy to use, and accepted by the majority of people who actually use the gym.
22. A few years ago we had unsuccessfully tried an sign-up system, which was not received well, or honored by most Renaissance residents.
23. Committee members agreed that a good alternative would be to call Irene and ask how many people are in the gym prior to attending if you are not comfortable with many people working out at the same time as you.

Committee member were asked for their input, as well as residents attending virtually for their input.

Based on the above, Allen made a motion to recommend to the board that current procedures (No sign-up for the exclusive use of gym) shall stay in place when using the gym. The committee unanimously agreed.

**Meeting Adjourned at 3:43 p.m.**